



**DELIVING**

DIABETES MAGAZINE

# JUDGEMENT CALL

10 things to consider when choosing a meter



**MAKING  
CARBS  
COUNT**

**MILK ALTERNATIVES**

**PLUS**

**Who's Zooming who?  
An update on digital  
health delivery**

**PLUS** • Diabetes kit • Giveaways • News (for T1 and T2) • Food News